



310TH SPACE WING

UTA NEWSLETTER

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VOLUME IV, ISSUE 5



Total force, communication key to 19 SOPS AFRC Team Excellence Award

by Staff Sgt. Erica Picariello
310th Space Wing Public Affairs

SCHRIEVER AIR FORCE BASE, Colo. -- Members of the 19th Space Operations Squadron earned the 2010 Air Force Reserve Command Team Excellence Award last month.

The award recognizes outstanding team performance and shares best practices within the Air Force. It promotes an efficient approach for enhancing mission capability, improving operational performance and achieving continuous results while maximizing efficiency.

The 28-member team, comprised of Schriever Reserve members from 19 SOPS, 310th Operations Group and 310 OG Standardization and Evaluation Flight, as well as active duty members from 2 SOPS and the Global Positioning System directorate, helped in the critical role of the successful launch of the first GPS IIF-1 satellite last May.

"This award is a great recognition of the benefits inherent in total force operations," said Lt. Col. Damon Feltman, 19 SOPS commander. "19 SOPS is proud to carry the flag for AFRC, but it can't be overstated enough that this was truly a team effort, and 19 SOPS is not standing alone. The 310th Space Wing, 50th Space Wing and the Space and Missile Systems



Center share this achievement."

GPS IIF-1 was launched at approximately 11 p.m., May 27, 2010, aboard a United Launch Alliance Delta IV Medium rocket. The team credits having a total force background for the successful launch.

"We were able to pull from the different knowledge base each organization brought to the table. For example, we used the 2 SOPS Satellite Anomaly Resolution Team operational instructions to form the basis of the GPS Directorate operational instruction," said Maj. Linda Gostomski, 19 SOPS assistant flight commander and GPS IIF-1 launch lead and satellite vehicle operations director. "This allowed a seamless Satellite Control Authority transition. This was a big change from previous GPS launches where SCA to 50 SW was handed over at first acquisition

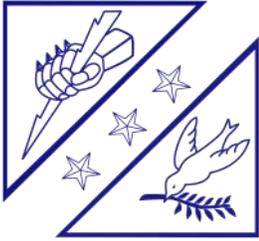
rather than after on-orbit check-out."

This team may have had the knowledge base to work with, but they also credit communication to their operational success.

"We learned that communication was key," Major Gostomski said. "This included basic communication day-to-day, to learning how to communicate during Satellite Anomaly Resolution Team meetings with coast-to-coast participation."

Properly applying the personnel that comprised the crew was also an integral part in the successful launch and mission transfer.

"The biggest benefit was being able to combine efforts," Major Gostomski said. "Once we were 3-axis stabilized we were able to leverage [GPS Launch/Early Orbit,



SBSS Launch, Early Orbit Teams Earn Team Excellence Nomination



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WING SCHEDULE

2011

July
9-10 UTA
August
6-7 UTA
September
10-11 UTA

by **Jessica Hunstiger**
50th Space Wing Public Affairs

SCHRIEVER AIR FORCE BASE, Colo. -- The Space Based Space Surveillance System Launch and Early Orbit team here was recently announced as Air Force Space Command's nominee for the 2011 Chief of Staff Team Excellence Award.

The AFSPC Chief of Staff Team Excellence Award recognizes outstanding team performance and shares best practices within the Air Force, promoting a systematic approach for enhancing mission capability, improving operational performance and achieving sustained results while maximizing efficiency.

The team was comprised of 30 members from the 1st Space Operations Squadron, 7 SOPS, Space and Missile Systems Center and Space Situational Awareness Branch.

"The Total Force team effort across the spectrum of acquirers, developers and operators has been nothing short of outstanding and essential to the success of this critical space situational awareness mission," said Lt. Col. William Fellows, 7 SOPS director of operations. "The members of 7 SOPS are very proud to be part of this team and contribute to the longevity and continuity of the program both day-to-day and through surge capability."

In particular, this nomination recognized the culmination of the entire SBSS acquisition process as well as launch and early orbit check out. One of the first processes the team tackled

was to deploy AFSPC's only space-based surveillance system, which allowed for 24/7 operations in order to guarantee the orbital safety of the Department of Defense's space assets.

The result of the successful SBSS deployment combined with the group effort ultimately earned the AFSPC nomination.

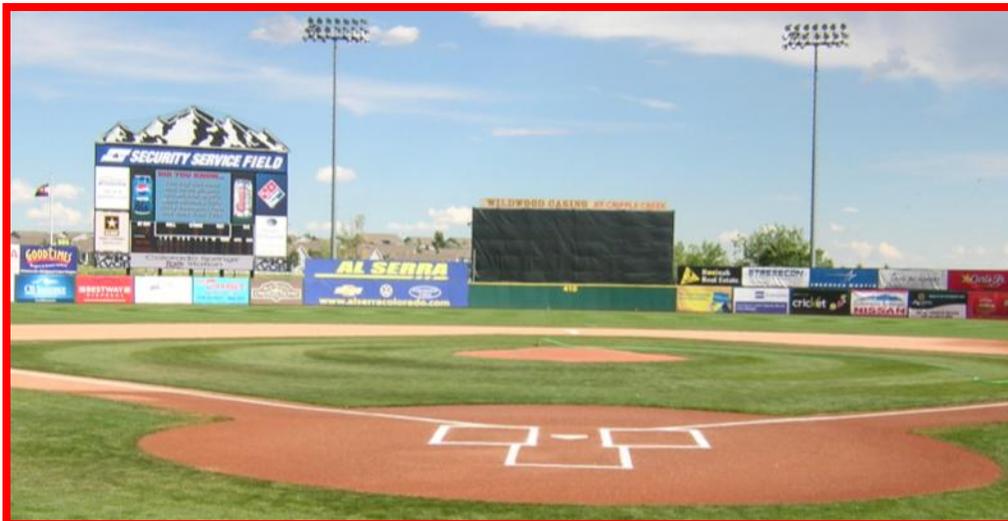
Lt. Col. Robb Owens, 1 SOPS director of operations, figures it wasn't just one thing that helped the team earn the AFSPC accolade, but instead a level of respect among members involved and a well-balanced amount of team work. "I can't say enough about the professionalism, dedication and mutual respect among members from all of the organizations involved with this program," he said. "Embracing the team concept at every level of leadership, across multiple organizations, has facilitated the successful acquisition, launch and transition to operations of SBSS."



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 SUPPORT SQUADRON

The RP Lee Youth Center will offer a [Basketball Camp](#) from 9 a.m.-1 p.m. Monday-Thursday, July 11-14. Polish your game. We still have spaces available, so sign up today. For more information, call (719) 556-7220.



ITT now has free vouchers for a baseball game between the Colorado Springs Sky Sox and the Reno Aces. The game is Thursday, June 9, at Security Services Field, located off Powers Blvd.

Gates open 6 p.m.; game time is 7:05 p.m. Plus, June 9 is also \$3 Microbrew Thursday.

Vouchers are free (up to 10 per person) at ITT, Bldg. 640, (719) 556-1760. All DoD ID cardholders are eligible for free vouchers. We encourage you to exchange them for actual game tickets before game day at the Sky Sox ticket window, (719) 591-SOXX. You can upgrade to a box seat for \$4. Parking is \$5/vehicle.

For vouchers, call ITT at (719) 556-1760 or (719) 556-1733.

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Upcoming Noncommissioned Officer Leadership Development

302nd Wing Education & Training Office respectfully requests nominees for the NCOLDC

**Date: 27 Jul – 5 Aug 2011
Place: Bldg 895, Room 207**

The AFRC NCO Leadership Development Course offers 2-hours college credit and hands-on experience in leadership and management.

The curriculum addresses theories and concepts of leadership and management. The military hands-on sessions stress real life situations and includes blocks on AF enlisted military heritage, bullet writing, EPR, Awards, counseling and mentoring.

An integral component of the program is the blending of personnel from different AFSCs. Additionally, team-building exercises introduce the participants to challenges and provides an opportunity to interface with

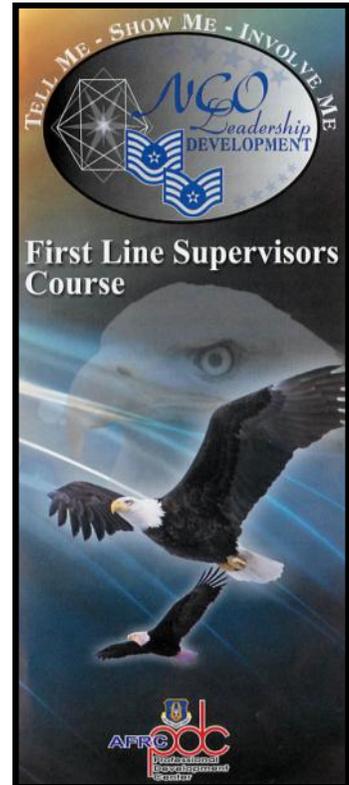
command chief during a leadership symposium. This course includes 10 days of instruction covering two phases. Phase One consists of three academic days conducted by a civilian instructor and two days conducted by military facilitators.

Phase Two consists of three additional academic days with a civilian instructor and two days with military facilitators.

Personnel eligible to apply:

- Staff and Technical Sergeants
- Air Force Active Duty
- Civilians
- Other Branches of Service

Please nominate your personnel by completing AF Form 101 and submit it along with a current "Fit Test Report" to 302nd Wing Education & Training.



Critical Days of Summer Safety Tip

The 2011 Critical Days of Summer Campaign is upon us! The campaign runs from now until after the Labor Day weekend on 6 September 2011.

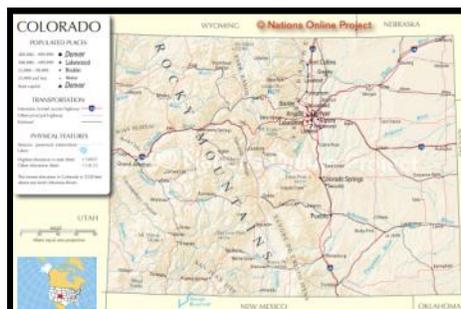
Why the need for a summer safety campaign?

Since FY02 (9 years) the Air Force has experienced 218 fatalities during the Critical Days of Summer (201 off-duty, 17 on-duty). The Air Force vision this year is to ensure zero preventable fatal mishaps and an injury free summer. The objective of the Air Force 2011 Critical Days of Summer Campaign is to call attention to the tragic loss of Airmen during the summertime and to reenergize "Risk Management" concepts. There are 15 weeks in this year's campaign – each with a different educational topic that we will be touching on.

**The Week 1 topic is:
TRIP PLANNING.**

Before you start your summer trip, keep these things in mind:

- 1. Make sure your car is in good condition - fluid levels, windshield wipers, tires, etc.**
- 2. Be prepared for driving in inclement weather.**
- 3. Have a plan to prevent driving while fatigued - take turns driving, plan a stop for every 2 hours or so, get plenty of sleep, etc.**



- 4. Commit yourself to not driving and texting! It is illegal in Colorado after all!! Also consider using your hands-free cell phone device to talk while driving.**

- 5. Do not drink and drive!!**

Watch for more information, products, and materials on Trip Planning and safe travel throughout the coming week.

Finally, a few reminders on GPS receiver use in your vehicle... Please do not operate it or punch in your destination while driving - employ your passenger to do so whenever possible, or pull over if you have to. Also, remember to be aware of your surroundings, as the information we gain from the little GPS receivers isn't always as accurate as we think it is at times (operator error maybe?) Always have a map along to use as a back up just in case.

Good News from Dahlonge, Georgia

by **Col. Robert Leivers**
310th Space Wing Chaplain

Sometimes in our lives we stumble into situations that surprise us in very positive ways.

This was my experience the third week in June when I volunteered as an adult counselor at the AFRC/ANG Teen Leadership Camp in Dahlonge, Ga. The camp is the first of three AFRC/ANG are co-sponsoring with 4-H for high school children of Reservists. There were 120 campers from 43 states and 20 staff/counselors. During the week we were involved in workshops on resilience, healthy life styles, leadership traits, and survival skills. In addition we experienced a high-elements rope course coupled with a leadership reaction lab. For fun we had an ultimate Frisbee tournament, a concert hosted by the AFRC band, a rafting trip, and swimming in a waterfall. As you can see we were kept busy and to be honest,

completed each day very tired!

All that being said, the surprise for me was not how well folks got along and helped each other. Nor was my surprise the fact that AFRC/ANG paid for the whole experience. My surprise was with the team in charge of the flag ceremonies. We were fortunate to have two Civil Air Patrol Honor Guard members among the campers. They were put in charge of the opening and closing ceremonies each day. The rest of the campers were told if anyone wanted to be trained to assist in the ceremonies, they should contact these two campers. There were too many volunteers to work everyone into the schedule, so the team became creative and added additional parts to the events. They started the week with a simple raising and lower of the flags (U.S./GA/4-H) ...they added the ceremonial folding of the flags...and finally they added a trio of female campers who sang the National Anthem acapella each evening. All this



planning and practice was done without adult leadership or involvement. So I share this good news story with you, to remind you there are a lot of very good and capable young people in our country.

Active shooter, are you prepared?

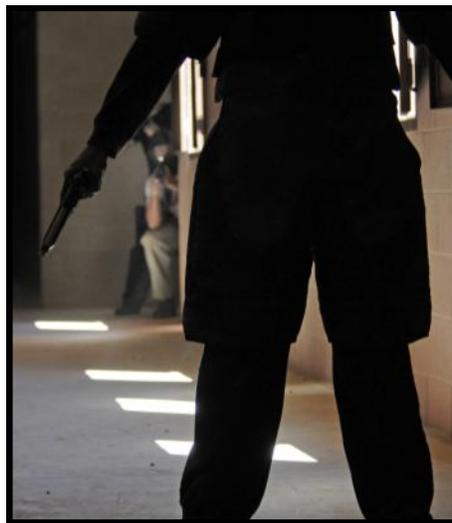
by **2nd Lt. Marie Denson**
50th Space Wing Public Affairs

SCHRIEVER AIR FORCE BASE, Colo. -- Active shooter has become a common term in the Air Force since the Fort Hood tragedy, and unfortunately a common term used throughout media to define such incidents as the Virginia Polytechnic Institute and State University and the University of Texas massacres.

Since 2009 Schriever Air Force base has taken a pro-active approach in preparing for an active shooter incident.

To increase awareness and help prevent casualties in the case of an active shooter, Schriever members engage in annual computer based training, in-house training and base exercises on the topic.

"An active shooter is an individual



SCHRIEVER AIR FORCE BASE, Colo. -- As pictured an 'active shooter' is seen surrendering his weapon to 50th Security Forces Squadron members during a training exercise held at Fort Carson last year. An active shooter can be a life-threatening situation where taking proper precautions can be the difference between life and death. (U.S. Air Force photo/ Dave Ahlschwede)

actively engaged in killing or attempting to kill people in a confined and populated area," according to the U.S. Department of Homeland Security. "In most cases, active shooters use firearms and there is no pattern or method to their selection of victims."

Lou Fischer, 50th Space Wing Antiterrorism officer, has been helping base members realize the importance of active shooter training.

He advises members to have a plan in place in the event of an active shooter on-base. Ensure the facility has two evacuation routes and that all personnel are trained and familiar with both routes in case an emergency arises.

"An active shooter incident will be a dynamic situation that evolves rapidly and demands immediate response

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[Fly fishing classes](#) are being offered for the first time. Select the class that best fits your skill level.

Discover Fly Fishing - Classes are offered July 8, 22, August 5, 19.

Discover Fly Casting - Classes are offered July 15, 29, August 12, 26

Discover Streamside Fly Fishing - Classes are offered July 16, 30, August 13, 27

You must sign up no later than two weeks in advance for any of these classes. Call Outdoor Rec, 556-4867.

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EXCELLENCE

From Page 1

Anomaly Resolution and Disposal Operations] trained 2 SOPS crew members to perform state of health and ranging supports. This was huge considering we had four launch attempts that were delayed and 19 SOPS crew members would have been on crew for 10 days running if we did not have the 2 SOPS crews to draw from."

Preparation was also key to the team's success.

"Our team worked tirelessly to ensure every member was as prepared for the launch as possible," said Keith Kirkaldy, 2 SOPS satellite systems operator instructor and GPS IIF-1 launch satellite systems operator. "We spent countless hours in the simulator, in addition to numerous test launches. We took every opportunity to learn about every aspect of the launch.

We stood ready and continued to study and practice throughout launch preparation. We gave our very best to make our command, the Air Force and our country proud."

The preparation and combined effort helped launch the first GPS IIF-1 satellite and instill pride across the commands.

"On behalf of the men and women of the 50th Space Wing, I would like to congratulate the total force GPS IIF-1 Satellite Launch and Early Orbit Team on earning the 2010 AFRC Team Excellence award," said Col. Wayne Monteith, 50th Space Wing commander. "This is a shining example of how the operations and acquisition communities can work together to bring capabilities to users around the world. My hat goes off to the team efforts that demonstrate not only our commitment to excellence but also to the modernization of the GPS constellation."

21st Space Wing welcomes new commander

**Courtesy of the
21st SW Public Affairs**

PETERSON AIR FORCE BASE,

Colo. – Col. Chris Crawford took command of the 21st Space Wing from Col. Stephen N. Whiting in a ceremony here today.

Colonel Crawford comes to Peterson AFB from the Pentagon, Washington, D.C., where he served as chief, Current Operations Division, Deputy Directorate for Command, Control and Nuclear Operations, J-3, Joint Staff. He led a 100-plus person division charged with supporting and executing National Military Command Center operations. He also served as the primary alternate

deputy director for Operations, the Chairman Joint Chiefs of Staff current operations focal point during national emergencies, military crises, and civil disturbances.

Colonel Crawford is not new to Colorado Springs. This is his fifth time in Colorado Springs, the fourth time he's lived on Peterson AFB and his third assignment in the 21st SW. In addition to his current assign-

ment, he also served as the 21st Operations Group commander here from June 2007 to June 2009. Additionally, he served on the Front Range as the commander of the 50th Operations Support Squadron and, earlier in his

career, in the 3rd Space Operations Squadron on Schriever AFB. As a captain, the commander was part of Air Force Space Command Headquarters here. Colonel Crawford spent his time as a student on Lowry AFB, as well as in the 1013th Combat Crew Training Squadron in Colorado Springs. Nearly one-half of Colonel Crawford's career has been in the 21st SW or working programs in direct support of the wing at higher headquarters.

As commander of the 21st SW, the colonel is responsible for the Air Force's largest wing geographically and organizationally. The wing con-

United States and Canada.

“The 21st SW Airmen directly support today's joint warfighter by providing missile warning, space situational awareness, and expeditionary forces to support overseas contingency operations,” said Gen. William L. Shelton, Air Force Space Command commander. “The wing contributes to robust space situational awareness by detecting, tracking and cataloging more than 22,000 objects in space. Space situational awareness underpins all space operations and is essential to the safety of on-orbit capabilities for the Department of Defense, civil, commercial and the international space community.”

The 21st SW commander is charged with leading 39 units on six installations in 29 locations in six different countries through 14 time zones. These worldwide units operate 13 weapons systems. In addition, wing units on Peterson AFB support 54 mission partners, including NORAD/Northern Command and U.S. Air Force Space Command Headquarters.

“The 21st Space Wing is Air Force Space Command's largest and most diverse wing. It's clear to me, each and every Airman assigned to the 21st understands the critical nature of our mission for U.S. Strategic

Command, our space mission partners and our allies,” added General Shelton. “Colonel Whiting created a team that embraced excellence across the board, and I'm confident Colonel Crawford will do the same.”



PETERSON AIR FORCE BASE, Colo. – Lt. Gen. Susan Helms (left), 14th Air Force commander, passes the 21st Space Wing guidon to Col. Chris Crawford, 21st Space Wing commander, during a change of command ceremony June 28 on the Peterson Air Force Base parade field. Colonel Crawford assumed command from Col. Stephen N. Whiting during the time-honored ceremony. (U.S. Air Force photo/Rob Bussard, 21st Space Wing Public Affairs)

sists of a work force of about 5,000 officer, enlisted, civilian and contract employees. Spanning the globe, this team provides missile warning and space control for combat forces and the national command authorities of the

Northernmost tracking station sheds light on mission

by Tech. Sgt. Jeramie Hill
Det 1, 23rd Space Operations Squadron

SCHRIEVER AIR FORCE BASE, Colo. -- At one of the most remote locations on Earth, 700 miles inside the Arctic Circle, the northernmost satellite tracking station in the world relays vital communications back to the U.S. in support of national defense. Detachment 1, 23rd Space Operations Squadron, commonly referred to as Thule Tracking Station and carrying the call sign of "POGO," is a geographically separated unit of the 50th Space Wing, located approximately 3.5 miles southeast of Thule Air Base, Greenland.



THULE AB, Greenland -- Thule Air Base tracking station, Det. 1 23rd Space Operations Squadron. (Courtesy photo)

TTS has been supporting U.S. and allied satellite programs by performing telemetry, tracking and commanding operations for nearly 50 years. As one of eight tracking stations in the Air Force Satellite Control Network, TTS acts as a relay, passing satellite performance and mission data between polar orbiting satellites and agencies such as the Department of Defense, National Oceanic and Atmospheric Administration, National Reconnaissance Office and NASA.

Satellites containing weather information from locations like the Middle East and Republic of Korea make up nearly half of TTS's mission set. Intelligence data makes up another one-third of the mission. Navigation, Research and Development, and Warning data make up the remaining. These satellites range in altitude from 120 miles to 24,800 miles above the Earth's surface.

TTS is the only satellite tracking station in the AFSCN to operate three satellite command and control antennas. As satellites come into range over TTS, commands and mission data are downloaded or uploaded through one of three satellite terminals on site. These terminals, referred to as Automatic

Remote Tracking Stations, amplify, process, store and forward data. The forwarded data is retransmitted via a different satellite link to space operation centers located in the United States. After the data is formatted, the information can contain such critical information as weather conditions in Iraq or intelligence on location of suspected terrorist training camps in Afghanistan.

Satellite control operations and maintenance at Thule are conducted by contractor personnel. The station currently has 22 contractors assigned, ensuring that operations run 24/7 every day of the year. There are only two Air Force personnel assigned to TTS, the detachment commander and a quality assurance evaluator. The QAE conducts monthly surveillances to ensure the contractors are fulfilling the terms of the contract. For the Air Force personnel, an assignment at Thule AB is a one-year unaccompanied remote tour.

TTS recently received the highest possible rating of 'Meets Standards' on a 14th Air Force Standardiza-

ACTIVE SHOOTER

From Page 5

from Security Forces to terminate the life-threatening situation," said Mr. Fischer. "The immediate response of our defenders on scene is to take aggressive action to find and stop the shooter. Rescue efforts will be delayed until the danger can be either mitigated or eliminated. As such, how you respond and react during this crisis situation until the threat is neutralized is key to your safety and security."

In the event of an active shooter Mr. Fischer suggests taking the following safety measures depending on where the shooter is located.

When an active shooter is outside in the open seek cover and concealment. If possible hide behind something capable of stopping a bullet, such as the engine block of a car or a brick wall. If it's safe -- run, but do not run in a straight line, use a zig-zag pattern. If running or hiding is not an option play dead and as a last option fight, use any object to disable the shooter.

If the shooter is outside the building lock the doors and windows, close the curtains or blinds, lie down on the floor and crouch below the window line. If possible, call 911 and let the dispatcher know the location, the number of shooters, the shooter's location and types of weapons involved. If

possible move to a pre-established secure area with hardened walls, minimal windows and a lockable-thick door.

If the shooter is inside the building try and exit or flee the area, if it's not safe to leave, remain in place. Again, dial 911 and give a description of the scenario. Do not pull the fire alarm, instead remain silent, lock and barricade the door, stay low and seek cover. If the shooter comes into the room or office drop to the floor, seek cover and concealment and play dead if the shooter is actively shooting. As a last resort, fight the shooter.



Police surround the vehicle of the suspects who killed two officers with AK-47s. The minivan was tracked to a parking lot where authorities rammed it and killed the suspects in a shootout. (Clip Syndicate photo)

When first responders arrive, remain calm, follow their directions, do not make any quick actions toward them and provide any information that is known.

"Help out first responders by staying calm," said Staff Sgt. Michael Kulka, 50th Security Forces Squadron trainer. "Wait for help to arrive, avoid confrontation with an armed adversary and most importantly listen to what the first responders say and follow directions."

Rescue teams consisting of emergency medical personnel and additional officers will arrive on scene after the first responders. They may also call upon able-bodied individuals to assist in removing the wounded from the premises.

"Once you have reached a safe location or an assembly point, you will likely be held in that area by law enforcement until the situation is under control," suggests the U.S. DHS. "Do not leave the safe location or assembly point until law enforcement authorities have instructed you to do so."

To help prevent an active shooter in the work area, encourage a respectful workplace, be aware of any indications of violence and take corrective action.

For more information or to set up active shooter training contact Mr. Fischer at 567-5618

TRACKING

From Page 8

tion and Evaluation Team inspection. The inspection focused on operational effectiveness, training, certification and crew force management programs. TTS has a near flawless mission success rate. "TTS have earned an average score of 99.96 percent [mission success rate] over the three-year span of the current contract. These scores are phenomenal even

before taking [into] consideration that TTS operators accomplish twice the workload of other AFSCN sites at over six thousand satellite supports each month," said Maj. Brett Stevens, the SET chief in the inspection's final report.

TTS has also played host to several high-level distinguished visitors. In the last five months the Air Force chief of staff, the new Air Force Space Command commander and the new 14th Air

Force commander have visited the site. As Thule has an international presence, the site has also hosted various NATO dignitaries in the past year.

"It's not easy to get to Thule, so it's great to see our senior leaders care enough about the mission and the people up here to make that journey and spend their time with us," said Maj. Thomas Stratton, detachment commander.

Washington Yellow Ribbon event focuses on relationships of pre, post deployers

by Tech. Sgt. Scott P. Farley
310th Space Wing Public Affairs

BELLEVUE, Wash. -- Air Force Reservists returning from deployment and preparing to deploy honed their communications skills and readiness during the western region Yellow Ribbon event held June 11-12, at the Westin Hotel in Bellevue, Wash.

The event's theme was relationships and sustaining them throughout the life cycle of a deployment. It featured guest speakers and breakout sessions designed to enhance the relationships of the 140 attending Reservists and their family members through the deployment process.

The Yellow Ribbon program is a cooperative network of military services, veteran service organizations, state government departments, and other agencies that provide information, resources, referral, and proactive outreach to service members and their families throughout the deployment cycle.

Tech. Sgt. Kasey Grindrod, the 310th Space Wing Yellow Ribbon coordinator, said the guest speakers, Delilah Luke and Kristy Tubbs, brought skills in interpersonal communication to the event that focused on relationships between not only adults, but also the children of deployers.

"This event placed a lot of emphasis on effective communication during the deployment," said Sergeant Grindrod. "We received a lot of good feedback about not only the speakers, but also the breakouts, so we learn about not only our successes in supporting deployers, but also learn lessons on how to make each event better."

Delilah Luke, better known to fans of her syndicated radio show as Delilah, spoke to the group about her experiences with the military community, as well as offering up her own insights from many years as a radio host about communicating with significant others and her appreciation for the military.

"When (AFRC) invited me to go on tour with them, it changed my life forever. I cannot see a man or woman in uniform without hugging them and thanking them," said Delilah. "I don't care where they are, at an airport, a bus stop, downtown in a shopping center, I stop them and say



Capt. Aaron Haase, a JAG from the 310th Space Wing, counseled pre and post deployers during the western region Yellow Ribbon event at the Westin Hotel in Bellevue, Wash., June 11-12. Capt. Haase, who works as a civilian JAG for the Air Force Academy, counseled deployers and their families on legal matter such as powers of attorney. (U.S. Air Force photo by Tech. Sgt. Scott P. Farley)

thank you. Thank you for being willing to lay down your life for me."

It is this willingness to sacrifice life or limb that Delilah said makes her so passionate for working with service members at events such as Yellow Ribbon events.

"What would motivate a person to say, 'I'm going to put myself in harm's way to protect your rights?'" said Delilah. "That's sacrificial love at its finest."

The events also include breakout sessions focusing on topics such as marriage/single member workshops, reconnecting with children, jobs fairs and career coaching, educational benefits, anger and stress management, and other community and military resources.

In addition to speakers and breakout sessions, the Yellow ribbon program provides access to Military One Source, the Department of Veterans Affairs, Employer Support for the Guard and Reserve, the Department of Labor's Veteran's Employment and Training Services, TRICARE, military finance, as well as chaplains and the psychological health advocacy program to prepare deployers and their families for deployments, as well as after the fact. Reservists are encouraged to attend Yellow Ribbons events with their families and loved ones prior to their deployment, as well as events 30 and 60 days after the deployment.

Local 5K run supports fitness month, local veterans' non-profit

by Scott Prater
Schriever Sentinel

COLORADO SPRINGS, Colo. -- The Air Force Space Command's year of leadership focus this month is "fitness" and Schriever Airmen have a chance to practice their fitness focus by participating in the fourth Veteran's Home Run 5K run/1K walk June 27th at Air Academy High School on the grounds of the U.S. Air Force Academy.

The Veteran's 5K is hosted by the Pikes Peak Road Runners club as part of its summer time running series. But, this event serves a double benefit for Airmen, providing a challenging fitness course, and a chance to contribute to an important military veterans cause.

This run will promote and raise funds for the Crawford House, a Colorado Springs non-profit organization that serves the homeless military veterans of southern Colorado.

Its mission is to provide a structured living environment for veterans undergoing treatment for drug and alcohol abuse and help assist homeless veterans in stepping back into the community.

"Our great military folks can take on a fast 5K course and showcase their commitment to fitness and their compassion for veterans, said assistant race director Col. (Ret) Jack Anthony.

Runners start and finish just south of the high school on the scenic Air Force Academy grounds.

"It's a 5K out and back to the

west," Colonel Anthony said. "What's neat is the outbound leg is a gentle up hill, runners gain about 80 feet in about a mile and half.

Then, once turned around heading back east, it's a joyful 'gravity assist,' your stride opens up and the same gravity that accelerates all those spacecraft in orbit also accelerates the runners back to the finish line."

Roughly 300 runners and walkers participated in the Veterans 5K last year according to Colonel Anthony, a former 1st Space Operations Squadron commander and one of the founders of the event.

All of the local area military installations were represented well, but Schriever had the largest turnout.

Adam Rich won last year's men's race in 16 minutes, 10 seconds, while Allie McLaughlin won the women's event in 18:10. Jacob Heilveil and Dawna Callahan of the Team USA Paralympics wheel chair team participated as well.

Registration and information brochures are available at the Schriever, Peterson, Air Force Academy and Fort Carson fitness centers and at the Pikes Peak Road Runners Web site at



Pikes Peak Road Runner member Mike Olson, ran with the prisoner of war-missing in action flag at last year's Veterans' Home Run 5K run/1K walk. Olson was one of 300 participants in last year's event. This year's event takes place June 27 at Air Academy High School. (courtesy photo)

www.pprun.org.

Active duty military members and veterans can register for \$15 and others can register for \$20 at one of three Colorado Springs running stores (Boulder Running Company, Colorado Running Company or Runners Roost), via the Web site www.active.com or mail in their registration through June 24.

Race day registration opens at 6 a.m. and the start time is 7 a.m. Paralympian wheelchair athletes are welcome.



310TH SPACE WING AT A GLANCE

The 310th Space Wing, the only space wing in the Air Force Reserve, is located at Schriever Air Force Base, Colo., and has units assigned to Schriever, Peterson and Buckley Air Force Bases, Colo., and Vandenberg Air Force Base, Calif.

Vision Statement

World's best citizen Airmen bringing unrivaled expertise to secure space and cyber superiority for U.S. and Allied global interests.

Mission

Provide optimized, scalable combat ready forces, delivering space and cyberspace power for faster, more lethal, more accurate effects everyday, everywhere.

Organization

The wing is composed of 17 units, under the 310th Operations Group, 310th Mission Support Group and two direct-reporting units, that support various military and other government organizations including, but not limited to, the Department of Commerce, Air Force Space Command, Air Combat Command, the Space Innovation and Development Center, 14th Air Force, 24th Air Force, 50th Space Wing, 21st Space Wing, and 460th Space Wing.

<http://www.310sw.afrc.af.mil>



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For the family of:

310th Space Wing — “A Family of Professionals”